Plants We Eat: Root Vegetables








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Plants We Eat: Stem Vegetables








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Plants We Eat: Leaf Vegetables








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Plants We Eat: Flower Vegetables





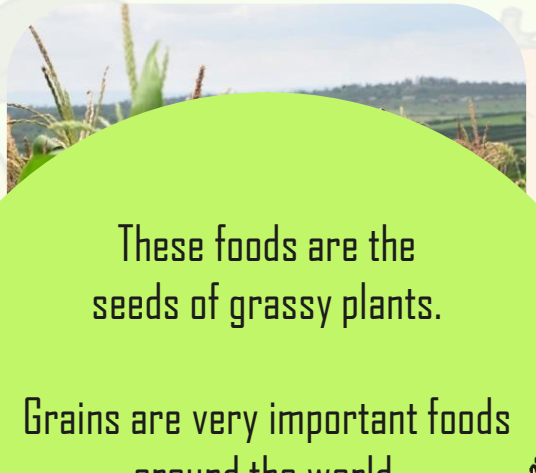



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Plants We Eat: Grains and Cereals







These foods are the seeds of grassy plants.

Grains are very important foods around the world.







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Plants We Eat: Nuts, Seeds and Legumes








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Plants We Eat



You have **1 minute** to remember 5 different foods that we eat that are parts of plants.

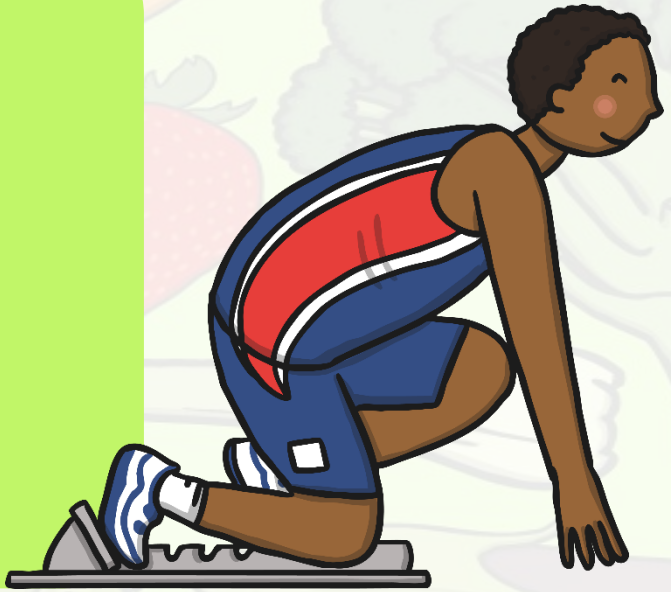
Write or draw them on your whiteboard.

On your marks...

Get set...

GO!

00:00



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From Farm to Fork





The farmers sell
the food to supermarkets and
other shops.



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From Farm to Fork







We buy the food,
take it home and eat it!







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From Farm to Fork

Farmers have to look after their plants very carefully
so they can grow lots of food for us to eat.



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