Nursery

Week Beginning: 25th January

Our focus this week is on the story 'Goldilocks and The Three Bears'

Email us some photos of your work, we would love to see it!
Email us on Nursery@rgntpark.bham.sch.uk

This is a suggested plan as it can help your child to have a routine. Please don't feel that you need to do all the suggested activities, be guided by your child and support them to learn through their play. Try and keep bedtime and mealtimes at the normal time and get up early in the morning as this would also help your child.

8.30-9.00 Breakfast and story time.

9.00-9.30 Move & Groove Tots https://www.youtube.com/watch?v=3HsOxANNZVI please only do this with adult supervision.

9.30-11.00 Learning through play (see below for suggestions of activities you could do with your child)

11.00-12.00 Outdoor play (see below for suggestions of activities you could do with your child)

12.00-1.30 Lunchtime

Can your child help you prepare lunch for example can you support them to chop vegetables or spread butter on bread to make a sandwich? Can they set the table and count how many forks, knives etc they will need? After lunch can your child help you wash the dishes and put things away. They will love the responsibility of helping you. They could also help you with other household jobs like dusting, folding washing, putting clothes away, pairing socks etc.

1.30-2.00 Sing songs and rhyme of the week and practice counting to 10-(see ideas below) and also watch videos from 'Emma the music lady'

2.00-3.30 Learning through play (see below for suggestions of activities you could do with your child)

3.30-4.30 Family walk around the local area (see ideas below)

4.30-5.30 Dinner time- Can your child help you prepare for dinner?

5.30-6.00 Cuddle up for a story with someone in your family

You should have also received a pack in the post with some additional paper-based resources for your child to complete. We will send you a pack once a fortnight with two weeks of resources for your child. Please see the text message that was sent to parents with how to log on for the live sessions. We will be doing these at 11am everyday.

Learning activities	Outdoor learning ideas including family walk
We will also be doing live sessions every day on teams at 11am. Cut out the characters from your learning pack and use them to retell the story. Can you use a deep loud voice for Daddy Bear, a high pitch voice for mommy bear and a quiet voice for baby bear? Can you use your puppet theatre to retell the story? If you didn't get a chance to make one last week you could do it this week.	Physical Activities Warm up time ... Gently bend your knees then stand up Repeat several times Outstretch your arms and twist your body from side to side Stretch up tall Crouch down low Move your body and stretch ... As tall as a house As small as a mouse As wide as a gate As thin as a pin ……. Scrunch up a pair of socks and use them like a bean bag Practise throwing and catching Can you walk with them balanced on your shoulder Can you walk with them balanced on your arm Stand on one leg and balance them on your knee Balance them on one foot …….





Draw the three bears -
big Daddy bear
middle sized Mommy bear and
small Baby bear.

When your child has listened to the story a few times support them to complete the story map that is in your learning pack. Can they talk about what is happening in each picture?

Support your child to practice their cutting skills. You will find some Goldilocks cutting skill worksheets in your pack.



Can you have your own teddy bear's picnic as a family. You could do this in your house with blankets. Your child could help you set everything up. Can they count how many plates they need? Can they help you make the sandwiches and the snacks?



Have a go at making your own mud kitchen. Mud is a great material to use to make things and you can be creative with it. All you need are a few old pots and pans and mud! It also helps develop your child's fine motor skills and cognitive development and encourages open ended play and communication.

Your child could make mud cakes for a teddy bear picnic. Could they make different bowls of porridge for the bears.

Can you hide a bear in your garden and support your child to go on a bear hunt. Encourage your child to use language like under, on, in, below to desribe where the bear has been hidden.

Phonics Play

Following on from last weeks listening games, what sounds can you make using your body?
Clap your hands
Click your fingers
Tap your knees
Stamp your feet
Use your voice to make a loud sound and a quiet sound like a whisper

Sing some of your favourite songs and rhymes.
Can you clap to the beat or tap your knees

Stories and rhymes

Continue learning the rhymes in your rhyme book and also help your child to learn theses ones below:







Can you use different items from around your home to help your child to tell the story and develop their language and mathematical skills? You could use three different sized bowls and spoons. Can your child talk about which spoon and bowl is for Daddy Bear how do they know? Can they use words like big, enormous, medium sized for Mummy's bowl and small and tiny for baby bear? You could set up three different beds and use your child's teddy bears and act out the story as a family.







In the story things like the bed are described as being soft and hard. Can you go on a hunt around your house for things that are hard and soft? Can your child count how many things they have found that are hard and soft?





When Goldilocks went to the House of the Bears

When Goldilocks went to the house of the bears
Oh what did her two eyes see?
A bowl that was huge
A bowl that was small
A bowl that was tiny and that was all
She counted them: one, two, three



When Goldilocks went to the house of the bears
Oh what did her two eyes see?
A chair that was huge
A chair that was small
A chair that was tiny and that was all
She counted them: one, two, three



When Goldilocks went to the house of the bears
Oh what did her two eyes see?
A bed that was huge
A bed that was small
A bed that was tiny and that was all
She counted them: one, two, three



This is the way we wash our hands,
Wash our hands,
Wash our hands
This is the way we wash our hands
To STOP Corona virus

Don't forget to sing along with Emma – click on the link below and join in together

Can your child help to make porridge for breakfast.
What will you have on yours?
Fresh fruit, Rasins, Sugar, Honey, Jam?
Not too much or it will be too sweet like mommy bears porridge.



Can you create your own bear using paint in a different way? Use a fork to splat your paint around the paper. Once it is dry you could draw on the eyes and other features or use different materials.



Can you cut out some bear prints on potaotoes and do some painting with your stamps to make your own bear tracks.



https://www.youtube.com/watch?v=XWKm27YD9IE



You could make your own bears and write numbers on them. Can our child count buttons (or other objects from around your home) and put the right amount of objects on the bears.