

I'm going to give up eating crisps because I know they're not healthy for me.

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I'm giving up playing the guitar because I want to learn an instrument I can play in the school orchestra.

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Even though it's easier for me, I'm going to stop leaving my clothes all over the floor so that my mum or dad don't have to tidy them up.

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I'm willing to sacrifice a bit of time on the computer so that my sister gets a fair turn.

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I am giving up eating meat because I think that it is cruel to animals.

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I love burgers but I'm going to sacrifice eating beef to be a better Hindu.

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I have given up eating pork, even though I enjoyed it, because I have converted to Judaism.

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Giving up chocolate for Lent reminds me of Jesus' struggles in the desert.

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I will give up going to tennis practice on a Friday afternoon to make more time to go to Friday prayers at the Mosque.

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I am going to sacrifice my lie-in on a Sunday to make sure I go to church more often.

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**Religious
Sacrifices**

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**Non-Religious
Sacrifices**

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