

Regents Park Community Primary School

Curriculum Overview: PSHE



Year Group	Autumn 1 Rights and Responsibilities	Autumn 2 Say No to Bullying	Spring 1 Healthy Lifestyles	Spring 2 Changes	Summer 1 Good to Be Me	Summer 2 Global Citizens
Nursery						
Reception	No Outsiders - Two is Enough Rights Respecting RHE: Caring friendships Road Safety (KCSIE) Railway Safety (KCSIE)	No Outsiders - Blue Chameleon RHE: Say No to Bullying (respectful relationships) RHE: Online relationships	Sneeze Safe Oral Health Healthy Eating Healthy Lifestyles Stranger Danger (KCSIE)	Protective Behaviours Changes (Healthy Relationships)	No Outsiders - You Choose No Outsiders - The Family Book Water Safety RHE: Respectful relationships	No Outsiders - Red Rockets RHE: Respectful relationships
Year 1	No Outsiders - 10 Little Pirates Rights Respecting Rights and Responsibilities Road Safety (KCSIE) Railway Safety (KCSIE)	No Outsiders - Elmer Mental Health and Emotional Wellbeing RHE: Respectful relationships (Say no to bullying) RHE: Online relationships	RHE: Health education Drug Education (Medicines) Mental Health and Emotional Wellbeing Sneeze Safe Oral Health Stranger Danger (KCSIE)	Mental Health and Emotional Wellbeing Protective Behaviours Changes (Healthy Relationships) First aid training	No Outsiders - My Grandpa is Amazing No Outsiders - Max the Champion of the World Water Safety Good to Be Me	No Outsiders - My World, Your World Financial Awareness (KCSIE) Prevent RHE: Caring friendships

Year 2	No Outsiders - Blown Away Rights Respecting Rights and Responsibilities Road Safety <i>(KCSIE)</i> Railway Safety <i>(KCSIE)</i>	No Outsiders - Just Because RHE: Being safe (Safe / unsafe touches) Mental Health and Emotional Wellbeing RHE: Online relationships RHE: Respectful relationships (Say no to bullying)	Drug Education (Medicines) Mental Health and Emotional Wellbeing RHE: Families and people who care for me. Stranger Danger	Loss and Bereavement <i>(KCSIE)</i> RHE: Being safe Protective Behaviours Changes <i>(Healthy Relationships)</i> RHE: Caring friendships	No Outsiders - The Odd Egg Mental Health and Emotional Wellbeing Water Safety Good to Be Me	No Outsiders - Big Book of Families No Outsiders - The First Slodge Financial Awareness <i>(KCSIE)</i> Prevent
Year 3	No Outsiders - Oliver Rights Respecting Rights and Responsibilities Road Safety <i>(KCSIE)</i> Railway Safety <i>(KCSIE)</i>	No Outsiders - This is Our House Mental Health and Emotional Wellbeing RHE: Online relationships RHE: Respectful relationships (Say no to bullying)	Drug Education (Tobacco) Mental Health and Emotional Wellbeing RHE: Caring friendships RHE: Respectful relationships	Mental Health and Emotional Wellbeing Protective Behaviours RHE: Being safe Changes <i>(Healthy Relationships)</i>	No Outsiders - The Huey's in the New Jumper RHE: Caring friendships Mental Health and Emotional Wellbeing Water Safety	No Outsiders - Two Monsters No Outsiders - Beegu Financial Awareness <i>(KCSIE)</i> Prevent
Year 4	No Outsiders - Where the Poppies Now Grow Rights Respecting Rights and Responsibilities Road Safety <i>(KCSIE)</i> Railway Safety <i>(KCSIE)</i>	RHE: Respectful relationships (Say no to bullying) RHE: Being safe Mental Health and Emotional Wellbeing RHE: Online relationships	No Outsiders - The Flower Drug Education (Alcohol) Mental Health and Emotional Wellbeing RHE: Caring relationships	RHE: Health education (human life cycles/puberty) Changes <i>(Healthy Relationships)</i> Protective Behaviours RHE: Being safe First aid training	No Outsiders - Dogs Don't do Ballet No Outsiders - Red: A Crayons Story Mental Health and Emotional Wellbeing RHE: Respectful relationships FGM <i>(KCSIE)</i>	No Outsiders- The Way Back Home Financial Awareness <i>(KCSIE)</i> Prevent

Year 5	No Outsiders- Rose Blanche Rights Respecting Rights and Responsibilities Road Safety (KCSIE) Railway Safety (KCSIE)	No Outsiders – How to Heal a Broken Wing RHE: Online relationships Mental Health and Emotional Wellbeing RHE: Respectful relationships (Say no to bullying)	No Outsiders - The Artist Who Painted a Blue Horse Drug Education (British Law) Mental Health and Emotional Wellbeing RHE: Caring friendships	RHE: Health education (puberty) Protective Behaviours Changes (Healthy Relationships) RHE: Being safe First aid training	No Outsiders - The Whisperer Mental Health and Emotional Wellbeing RHE: Respectful relationships FGM (KCSIE)	No Outsiders - And Tango Makes Three Prevent (Radicalisation) Financial Awareness (KCSIE) Gang crime (KCSIE)
Year 6	No Outsiders - My Princess Boy No Outsiders - Dreams of Freedom No Outsiders - King and King Rights Respecting Road Safety (KCSIE) Railway Safety (KCSIE)	No Outsiders - The Island RHE: Online relationships Mental Health and Emotional Wellbeing RHE: Respectful relationships (Say no to bullying)	RHE: Respectful relationships Drug Education Mental Health and Emotional Wellbeing RHE: Caring friendships	No Outsiders - Love You Forever RHE: Health education (puberty) Protective Behaviours RHE: Being safe Changes	RHE: Being safe RHE: Caring friendships RHE: Respectful relationships FGM (KCSIE) CSE (KCSIE) Forced Marriage (KCSIE)	Financial Awareness (KCSIE) Gang Crime (KCSIE) Knife Crime (KCSIE) Mental Health and Emotional Wellbeing Prevent (Radicalisation)

Other PSHE links:

Year 6: CSE / Forced Marriage to be covered in Autumn term by Bhavna from Women's Aid

Year 5: Careless talk workshop by The Playhouse Theatre' based on PREVENT.

AI: covered during Internet Safety Day.

Year 6: Screen Time by Loudmouth Theatre cover Deep Fakes / Mis information / Disinformation

Online Safety: covered for all year groups through Project Evolve and Anti Bullying Week.

Protective Characteristics covered through No Outsiders curriculum and assemblies

First Aid Training takes delivered by First Aider during Forest School

Children with Disabilities: covered in assemblies, Inclusion and Diversity Week.

Rec: Healthy Relationships covered through Brighter Beginnings