

Regents Park Community Primary School

PSHE Subject Overview



DfE Statement:

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.

Intent: What we want to achieve

At Regents Park Community School, our intention is to provide children with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. Through our Relationships and Health education curriculum, we inform children of issues related to morality and individual responsibility. The aim is to develop children's self-esteem and develop their attitudes in order to manage relationships and respect themselves and others. We work closely with parents, carers and governors to create an ethos that will ensure all pupils receive a planned programme of education to provide them with life skills they need to make informed decisions and protect themselves.

As a Rights Respecting School, we uphold the articles from the United Nations Convention on the Rights of the Child. The following underpin this policy:

Article 19: Every child has the right to be protected from harm.

Article 2: Every child has the right to be treated equally and with respect.

Implementation: How will we do this

EYFS - In the Foundation Stage, PSHE is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals. Reception also use the PSHE curriculum map and the accompanying materials.

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in our curriculum map, which comprehensively cover the statutory Health Education and Relationships Education guidance.

At Regents Park, we only teach statutory requirements from the Health Education and Science curriculum.

PSHE is taught through six half-termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Rights and responsibilities

Autumn 2: Say no to Bullying (including anti-bullying)

Spring 1: Healthy Lifestyles

Spring 2: Changes

Summer 1: Good to Be Me

Summer 2: Global Citizens

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Impact: What the outcomes will be

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.
- appreciate difference and diversity.
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions.
- be able to look after their mental health and well-being.
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects changes they will experience as they grow older at an age appropriate level.
- have respect for themselves and others.
- have positive self-esteem.