

Anti-bullying Policy 2025-26

Regents Park Community Primary School

“Together, we learn, grow and thrive.”

At Regents Park, we are committed to providing a caring, friendly and safe environment for all. We have a duty of care to protect pupils from bullying. Under no circumstances will we tolerate any form of bullying and all incidents of bullying will be dealt with promptly and effectively.

Through this policy we aim to:

- promote a school ethos where bullying behaviour is regarded as unacceptable
- develop a school environment that is both safe and secure for all pupils
- ensure all our all pupils reach their potential academically, socially and personally through learning and playing in a safe and secure environment.
- have in place procedures for dealing with incidents of bullying, including cyberbullying, prejudice-based and discriminatory bullying
- develop confident pupils who will notify staff of any incident of bullying
- inform everyone connected with the school of the school's anti-bullying policy

Definition of Bullying

At Regents Park; we discuss what bullying is, as well as incidents we would not describe as bullying, with all pupils through assemblies and PSHE lessons. We agree that bullying is behaviour that hurts someone else.

Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online. (Anti-Bullying Alliance definition)

Bullying can be, but not limited to:

Emotional	Derogatory name calling of an insulting and/or personal nature Demanding money, material goods or favours by means of threat or force
Physical	Pushing, kicking, hitting, punching or any use of violence
Racist	Racial taunts, graffiti, gestures
Sexual	Unwanted physical contact or sexually abusive comments
Homophobic	Due to, or focussing on the issue of sexuality Homophobic, biphobic and transphobic (HBT) bullying is unacceptable
Verbal	Name-calling, sarcasm, spreading rumours, teasing, abuse and threats or ridiculing an individual
Cyber	All areas of internet, such as email & internet chat room misuse Mobile threats by text messaging & calls Misuse of associated technology, i.e. camera & video facilities

How we prevent bullying at Regents Park

Spotting the Signs of Bullying

All staff in school are made aware of spotting the signs of bullying or other child protection issues including:

Physical	unexplained bruises, scratches, cuts, missing belongings, damaged clothes, or schoolwork, loss of appetite, stomach aches, headaches, bedwetting
Emotional	losing interest in school, being withdrawn or secretive, unusual shows of temper, refusal to say why unhappy, high level of anxiety, mood swings, tearfulness for no reason, lack of confidence, headaches and stomach aches, signs of depression
Behavioural	asking to be taken to school, coming home for lunch, taking longer to get home, asking for more money, using different routes to school, 'losing' more items than usual, sudden changes in behaviour and mood, concentration difficulties, truancy

Pupil Voice and Participation

Regents Park actively involves pupils in shaping a safe and inclusive school culture. Pupils contribute through:

- School Council discussions
- PSHE sessions
- Worry boxes
- Peer support roles such as Play Leaders or Peer Mediators

Planning

PSHE overviews and medium term planning is shared with staff by the PSHE Leader. This planning is linked to our 'No Outsiders', work which builds a strong sense of inclusion and non-discriminatory behaviour.

We also incorporate the UN Convention of the Rights of the Child into planning, so all pupils to feel safe and valued. Teachers are encouraged to adapt planning to suit the needs of their pupils.

Teaching and Learning

Preventing and raising awareness of bullying is essential in keeping incidents in our school to a minimum.

Pupils from Reception through to Year 6, cover a 'Say No to Bullying' unit in PSHE. Pupils learn what bullying is and about the different types of bullying and the effects it has on an individual. Pupils are encouraged to think about who they can talk to if they are being bullied, and if they have witnessed someone else being bullied.

In computing as part of their 'Project Evolve' unit of work, pupils are taught about cyberbullying and the effect it has. They also learn how to keep themselves safe whilst online. All classrooms display the Acceptable User Policy. Pupils will also take part in Safer Internet Day annually.

Annually, an Anti-bullying week is planned to raise awareness of bullying, and to highlight ways of preventing and responding to it. Pupils will take part in various activities to develop and support their understanding of what bullying is and what to do.

Parent and Carer Partnership

We work closely with parents and carers to prevent and respond to bullying. We will:

- Provide clear routes for reporting concerns
- Communicate outcomes sensitively and promptly
- Offer guidance on online safety and bullying

- Work collaboratively with families to support all pupils involved

Responding to bullying

The Governing Body	The GB will not condone any bullying and has delegated powers and responsibilities to the Head teacher and all staff to eliminate all forms of bullying and to keep records of all incidents of bullying. They have a responsibility for ensuring all policies are made available to parents; and are responsibility for the effective implementation, monitoring and evaluation of this policy.
The Head Teacher	Under Section 157 of the Education and Inspections Act 2006, the HT has a duty to encourage good behaviour, the respect for others and to prevent all forms of bullying among pupils.
The Behaviour Lead	The BL will lead the development of this policy throughout the school and provide guidance and support to all school staff and pupils to understand the signs or behaviour of someone being bullied. They will monitor incidents and will report these on a termly basis to the Governing Board.
SLT	The SLT will deal with all incidents of bullying and take appropriate action; investigate all incidents promptly and effectively and ensure that parents are informed and updated on steps taken to tackle bullying.
All staff	All staff will be aware of the signs of bullying in order to prevent bullying taking place. They will take all forms of bullying seriously and encourage pupils to report any incidents of bullying to any member of staff. All staff will use preventative strategies such as circle time, PSHE and other planned activities to discuss what bullying is with pupils and how to tackle incidents. All staff will investigate incidents promptly and as fully as possible; report and deal with all incidents of bullying and discrimination to SLT; record all incidents of bullying on Arbor and My Concern and will keep parents informed and updated of any incident of bullying related to their child, whether their child is the victim or perpetrator.

Support for pupils who have experienced bullying

Support may include:

- Regular check-ins with a trusted adult
- Pastoral or wellbeing support
- Safe spaces during unstructured times
- Confidence-building or friendship support
- Adjustments to routines
- Referral to external agencies where appropriate
- Support is monitored over time to ensure the pupil feels safe

Support for pupils who display bullying behaviour

Interventions may include:

- Behaviour reflection and restorative work
- Social skills or emotional regulation groups
- Mentoring
- Clear behaviour expectations and consequences

- SEND or SEMH support where relevant
- The aim is long-term behaviour change

Monitoring and evaluation

The Senior Leadership Team will monitor the effectiveness of this Behaviour Policy through regular analysis of behaviour logs, trends in positive rewards, and pupil, staff, and parent feedback. Outcomes will be shared with governors termly, and action plans will be updated where necessary. Success will be measured not only by a reduction in negative incidents but also by an increase in positive recognition and celebration of pupils who demonstrate our core values.

Links with other policies

This policy links to the following policies:

- Attendance policy
- Behaviour policy
- Child protection and safeguarding policy
- Special Education Needs policy

Equal opportunities

Regents Park Community Primary School is committed to equality, diversity, and inclusion. In line with the Equality Act 2010, we do not tolerate discrimination, harassment, or victimisation of any kind. We take a proactive approach to anti-racism, cultural inclusion, and tackling prejudice-based incidents. Staff and pupils are supported to recognise, report, and respond to discriminatory behaviour, ensuring that every member of our school community feels safe, valued, and respected.

Date policy agreed: December 2025

Policy review (When and by whom): September 2026

Head Teacher:	Date:
Governor: Ratified at GB meeting.	Date: