



Family Learning Journal . Issue 1 . Spring 2021

A new way to learn

Since March 2020 we have had to adapt to a new way of working and with the start 2021 it looks like more of the same. Even though we are not in schools, Children's Centres and community venues at the moment it doesn't mean we have stopped our courses for parents and children. WE ARE STILL HERE. So if you want support with your learning so you can help your children, get in touch with us to see how we can help you. 😊



Take a look at our FREE 6 week courses...

Storytelling – Help your child to improve their reading skills

Survival English – Improve your spoken and written English

Sow and Grow – Grow your own food – in pots, in the garden or on a balcony!

Magic Maths – Discover how to make maths easy

Healthy Eating – Start the new year with recipes and tips to eat more healthy

Digital Skills – Beginner IT course (you will need a laptop or computer for this course)

Creative Crafts – Ideas for the family to get crafty

Learning Through Play—Ideas to support your child's development

If you see a course you want to do, use the contact details at the top of the page or speak to someone at school who can pass on your details to us.



Schools—did you know...

Academy trusts and schools can find out more about devices, internet access and technology support available to provide remote education and access to children's social care during coronavirus (COVID-19).

Simply visit - <https://get-help-with-tech.education.gov.uk/>

Parents—did you know...

Starting on Monday 11 January, CBBC will broadcast three hours of primary school programmes from 9am every weekday.

Secondary students will be able to watch two hours of programmes supporting the curriculum on BBC 2 every weekday.



Do parents know they matter? Supporting your children's learning has a huge impact on how your child improves and integrates at school. Send us your tips to pereran@baes.ac.uk about learning together and how you cope positively with home-schooling and we can share via our newsletter to help others parents.



Breakfast egg wraps > Makes 2 servings:

Enjoy these protein-rich egg wraps filled with mushrooms and tomatoes for a quick, filling and healthy breakfast. It provides iron, folate and fibre.

STEP 1

Slice the mushrooms. Heat 2 tsp of oil in a non-stick pan. Add the mushrooms, stir briefly and fry for 6-8 mins. Stir in the tomatoes then cook 1-2 mins more until softened.

STEP 2

Beat together the eggs really well with the herbs and oats. Heat a drop of oil in a large non-stick frying pan. Pour in a 1/2 of the egg mix and fry for 1 min until almost set, flip over as if making a pancake.

STEP 3

Fill one pancake with the mushroom filling and wrap up it up like a burrito and eat. Change the fillings to suit your taste

Handful of mushrooms

1 tsp of oil

2 tomatoes (use more if you like them)

Sprinkle of basil

2 tbs porridge oats

2 eggs



You will need:

Wire

String or wool

Bread

Cheese

Raisins

Apple

Make a Bird Feeder: Using left over food such as stale bread or the core of an apple you can make sure the birds get fed this Winter.

1. Carefully thread each piece of food on the floral wire, leaving about 8cm at either end. Bend the ends into little hooks.
2. Bend the wire to form a circle, holding the ends together.
3. Tie a loop of string on the wire circle and hang your feeder up for the birds to feast on.

Win.Win.Win

Parents - this is your chance to win a craft filled goodie bag - if you join a course with Family Learning in January or February 2021 you will be put into a prize draw : the winner will be chosen at random and will be contacted via email.

Since September 2020 we have:



Supported 294 parents to learn with Family Learning



95% have progressed to a higher level courses



www.learnbaes.ac.uk/subjects/family-learning



email: pereran@baes.ac.uk