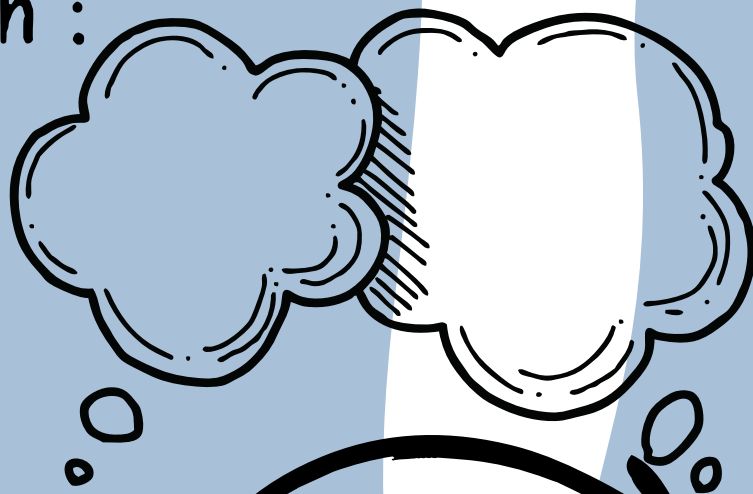


Mental health support for children, young people, and their families



We support with:

- ## low mood
- ## anxiety
- ## stress
- ## managing emotions



Our team offer the right mental health support at the right time for children and young people within schools and colleges.



CONTACT US:



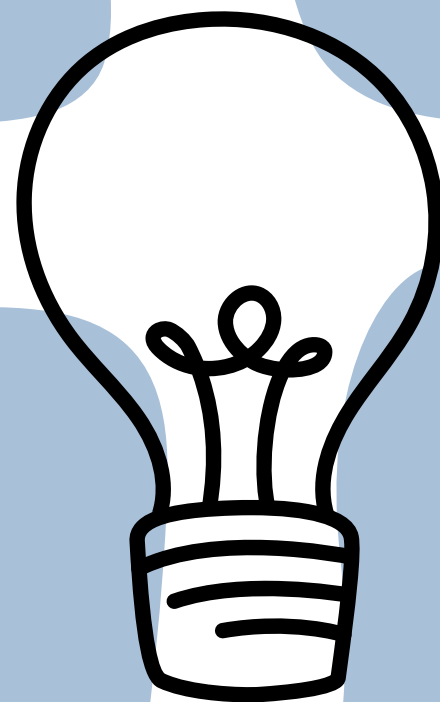
0121 227 8254



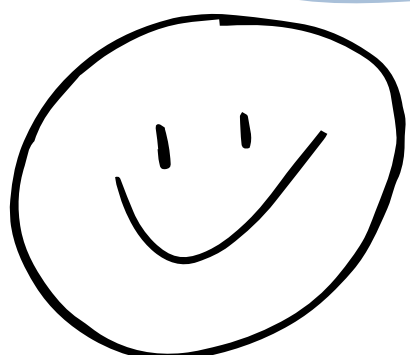
compass-uk.org



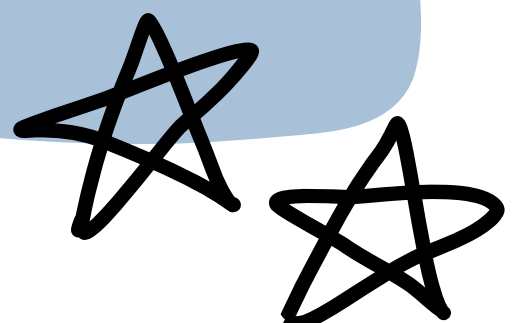
birminghammhst@compass-uk.org



We provide low intensity CBT-based support to children and young people aged 5-18.* We can also work with parents/carers to support their child.



If you think your child could benefit from this support, please contact your school.



*up to 25 years old for care leavers with special education needs or disability