



REGENTS PARK NEWSLETTER

Friday 21st November 2025

"Believe In Yourself, Anything Is Possible"

Headteacher's message

Dear families,

It has been a **wonderful** week at Regents Park, with children across the school engaged in rich learning, creative projects, and exciting sporting opportunities.

Our Nursery pupils have explored We're Going on a Bear Hunt, our new School Council has been elected, and our Play Leaders have been supporting younger pupils brilliantly.

As we move into the festive season, we have several key events coming up. Please make a note of the important dates.

Thank you for your continued partnership and for helping us create a warm, ambitious school community.

Mrs Zamir

Wednesday 10th December

•**EYFS closed for the day** due to paediatric training (A letter was sent home this week for parents).

Date TBC: Christmas Jumper Day (Save the Children fundraiser) & **Christmas Meal**

Monday 15th December

•**Children's Book Project** – book gift per child!

Tuesday 16th December (AM)

•EYFS Nativity to parents (Y3 attendance TBC)

Wednesday 17th December

•**AM:** Father Christmas visit – gifts for children

•**PM: Christmas Fair** – school finishes early; parents and carers welcome to the fair!

Thursday 18th December

•**9:00–9:30am:** Year 4 Guitars & Electives Concert (Y4 parents, Y5 Electives parents; Y3 & Y5 watching)

•**Afternoon:** Christmas parties in school (no sharing of food due to allergies)

Friday 19th December – Last Day of Term

•**09:00–09:30am:** EYFS & Lower School Gold Achievers Assembly

•**11:30–12:00pm:** Upper School Gold Achievers Assembly

•**12:00pm:** Nursery home time

•**12:15pm:** Children leave for the holidays

Tuesday 6th January 2026: School open for pupils

Keep your child safe: Snapchat

This TikTok fact sheet highlights key safety features to help keep your child protected online. Please review it carefully and ensure that any mobile phone use is supervised and that parent/carer accounts are securely set up.

Snapchat is an app for sending photos and videos (known as 'Snaps'), and text messages. The 'Stories' feature lets users share photos or videos with all their contacts at once.

Snaps disappear after being opened, usually within seconds. Stories disappear after 24 hours. Images and messages aren't automatically saved on phones.

The **minimum age** to use Snapchat is **13**, but it's easy to sign up if you're younger.

What's the problem?

- > There's a risk of seeing sexual content, and of bullying
- > Your child's location could be shared with their contacts, which could put them in danger if they have strangers as 'friends' on the app. The 'Snap Map' feature allows users to see each other's locations, and doesn't inform users if someone else searches for their location
- > There's a risk of children being 'groomed' by strangers into sharing pictures and information about themselves. Gangs also use this and similar apps to groom and recruit children
- > 'My AI' is an AI chat feature available to all users which has a risk of exposing children to harmful content. (You can disable My AI through the Family Centre, covered below)

5 steps to help your child use Snapchat safely

1. Tell your child to only add real friends

Anyone could pretend to be a child or teenager online, so encourage your child not to talk to people they don't know in real life. Encourage them not to share information such as what school they go to or where they live with anyone they don't know offline.

2. Use privacy settings

By default, only 'friends' your child has added on Snapchat can contact them directly and see their story or location. Check they have the default settings, or select extra privacy settings.

You can find out how to change Snapchat privacy settings here in the [Snapchat Help Centre](#).

3. Add your child in Family Centre

- Follow the instructions from the [Snapchat Help Centre](#) here to add your child to the Family Centre
- On the Family Centre you can: [request live location updates](#), [limit access to My AI](#), [see who your child is talking to](#), see what group chats your child is in, [set limits on the content they can see](#) and [report additional concerns to Snapchat](#)
- Talk to your child before using these features about what they are and why they may be needed. Reassure them that you won't be able to see their messages, just who they are to

4. Talk to your child about image sharing and being careful about what they share

Videos and images disappear in Snapchat, but someone can still take a screenshot or recording and then share them – outside of the original sender's control. Remind your child to think carefully about the images they share, and who they share them with. Before they share anything, tell them to ask themselves: "Would I be happy for other people to see this?"

In particular, make sure your child knows the risks of **taking, sharing, or viewing naked, semi-nude or sexually explicit pictures of themselves or another child**, either voluntarily or if asked to by someone else. This is known as 'sharing nudes and semi-nudes' or 'sexting' and is illegal, even when the person doing it is a child. It can also be distressing for a child to have their image shared more widely, or to see an inappropriate image that someone else has shared.

5. Make sure your child knows how to use reporting and blocking functions

- To **report** a Snap, story or post on the Snap Map, [follow the instructions here](#)
- To **remove** or **block** a friend, [follow the instructions here](#)

What can I do about online bullying?

- Encourage your child to talk to you if someone says something upsetting or hurtful to them
- Look for signs they may be being bullied, like being afraid or reluctant to go to school, feeling nervous, losing confidence or becoming distressed and withdrawn, or losing sleep
- Tell our school about any bullying your child experiences

There are also a few ways you can save images and messages as evidence:

- Use another device to, quickly, take a photo of the image or message (this is the only way you can save the image without other people knowing)
- Follow the instructions from the [Snapchat Help Centre](#) here on how to save a message in a chat
- Take a screenshot, quickly (the person who shared it will get a notification)

Our Safeguarding Team

We have **trusted adults** in school, including Mrs Khan and all members of the Senior Leadership Team: Miss Khan, Mrs Vara, Mrs Turner, Miss Paddem and Mrs Zamir. Children can speak to any adult or any **trusted adult** if they ever need help or feel unsafe.





Meet Our School Councillors!

We have a new School Council!

Children have been busy completing their applications, delivering speeches to their classes, and voting for their new representatives.

Our School Councillors for this year are:

Fatima - 2MH
Aliah - 2HH
Muhammed S - 3Q
Deen - 3SK Ismaeel - 4N
Lillian - 4VC
Ubaid - 5K
Lilly-Mae - 5W



Year 6:

Prefects: Omar and Layaan - Year 6

Deputy Head Boy: Mahbub

Deputy Head Girl: Aleena

Head Girl: Safa

Head Boy: Layth



We are incredibly proud of all the children who took part in the process.



This week in EYFS

Nursery

This week in Nursery, we have been reading *We're Going on a Bear Hunt* by Michael Rosen. The children used their senses to retell key parts of the story. They explored shaving foam to represent the snow and created a beautiful forest collage using materials collected on our Autumn walk last week. We also visited the school library to enjoy a story together, and the children practised moving in different ways during our physical development session on the astro turf.





This week in Lower School

Year 1

This week in Year 1 the children have been busy learning across all our subjects. In maths, they have been exploring money by naming coins and counting small amounts. In English, the children have been using noun phrases to add detail to their character descriptions, thinking carefully about interesting adjectives. In D&T, we have begun planning our own moving picture mechanisms based on *The Three Little Pigs*, looking at how sliders and levers can make images move. In Music, the children have been using the glockenspiel to create their own simple compositions, practising keeping a steady beat and exploring different sounds. The children have worked brilliantly, and we are very proud of their efforts!

Year 2

This week in Year 2 has been full of exciting learning! In maths, the children have been exploring fractions, investigating halves, quarters and thirds through practical activities and real-life examples. In English, we have been focusing on using past tense and subordinating conjunctions such as; 'because', 'and', 'when' and 'if' - to help the children create richer, more detailed sentences. In history, Year 2 have been learning about the inspiring life of Florence Nightingale, discovering how she transformed hospitals and became a key figure in modern nursing. The children have been fascinated by her story and have enjoyed imagining what life was like during Victorian times.

Year 3

This week in Year 3, the children have been busy developing their writing by using expanded noun phrases, inverted commas, and fronted adverbials. In maths, they have been practising multiplying numbers by 10 and 100. Our history lessons have taken us back to the Stone Age, where we explored important sites such as Skara Brae and learned about the Palaeolithic, Mesolithic and Neolithic periods. In science, the children enjoyed experimenting with forces and magnets, investigating how magnets attract different objects.



This week in Upper School

Year 4

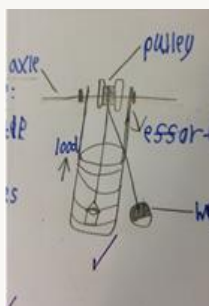
In English, we continue to explore our class text *The Barnabus Project*. We have been studying the features of instructions in preparation for writing our own set of instructions next week.

In our Passport to Europe topic for Geography, we have been comparing where we live (the United Kingdom) to Italy. We researched similarities and differences within the physical and human geography in both countries.



Year 5

This week in Year 5, the children have been busy and engaged in a range of exciting learning activities. In Geography, they explored the local area of Small Heath, enjoyed observing their surroundings, made detailed sketches, and looked closely at key landmarks. In English, they completed their independent setting descriptions, focusing on the vibrant city of Johannesburg. In Science, the children carried out an investigation to discover which materials are soluble and insoluble. In DT, they created their designs for their pulley systems, and next week they will begin making them.



Year 6

This week in Year 6, we have researching and preparing to write reports about World War Two. We have begun our work on fractions and understand equivalent fractions. The Debate Mate club has begun and the pupils were very excited to meet their university mentor. In our geography lesson this week, we learnt how to use 6 - figure grid references.

Thursday 20th November 2025
LO: to be able to plot 6-figure grid references.

WHERE	Correct?	Accurate Location
684, 369	✓	
709, 359	✓	709, 349
667, 344	✓	
671, 315	✓	675, 311
658, 349	✓	
698, 702	✓	698, 313
688, 332	✓	689, 338
711, 342	✓	
665, 322	✓	665, 328
711, 342	✓	

What?	Where	My key
A Field of Trees	693, 351	☼
A Gun Chassis	708, 318	✱
A Factory	688, 305	☼
A Station	688, 322	X
A Field of Shells	705, 339	☼



Sports News and Upcoming Events



This week, some of our Play Leaders supported Year 2 PE lessons.

They were fantastic role models and provided excellent support — the Year 2 children really enjoyed having them join in. Thank you to our brilliant Play Leaders! In this week's after-school sports club, **Years 2 and 3** practised dribbling, throwing and shooting skills for basketball and applied these skills in small-sided games.

Years 5 and 6 focused on the key skills needed for benchball and took part in competitive games too.

A reminder: Children should come to school in their full PE kit on their PE day.

Upcoming dates:

- 25.11.25** - Year 5 School Games Athletics Event
- 28.11.25** - 6M Inclusive Sports Workshop with Youth Pathway (and an Inclusive England football player!)

[Inclusive football](#) | [England Football](#)



Safeguarding news

We would like to remind parents and carers that if you have a safeguarding concerns, then you can raise it with school by emailing safeguarding@rgntpark.bham.sch.uk and we will aim to respond to you within 3 working days.

Alternatively if you are concerned about a child then you can contact CASS on 01213031888 or the police on 999.

SEND support

We know how challenging it can be for parents of our SEND children. To support you, Mrs Turner can meet with you to discuss concerns.

Please arrange an appointment via the School Office. If you prefer to email, please use the enquiry email and she will reply within 3 working days.

Upcoming events



- Y4 to go swimming from 24th November for 9 weeks.

Next month and after:

- Wednesday 3rd December (9-10am): Coffee Morning for Parents/Carers with the Headteacher
- Wednesday 10th December - Nursery and Reception only - no school for EYFS staff training.
- Wednesday 17th December - Christmas Fair (afternoon)
- Thursday 18th December - Y4 and electives Guitar performance 9-9.30am
- Friday 19th December - Last day of term
- Monday 5th January 2026 - Teacher Training Day
- Tuesday 6th January 2026 - First day back for pupils



Stars of the Week

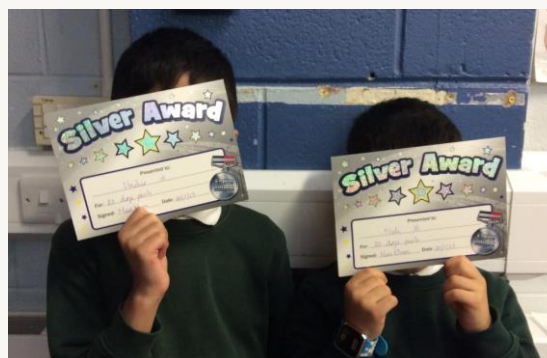
Reception to Year 3:



Years 4 to 6:



1A achieved a phenomenal
80 Dojo Points 1A - wow!





Working in partnership with our families, so every child thrives in school.



Attendance and Safeguarding

Attendance Champions

Early Years

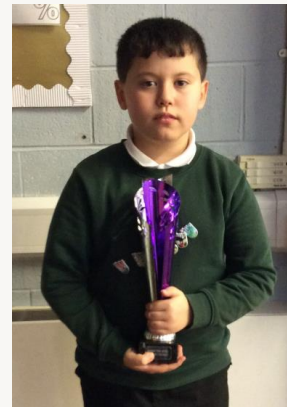
RA 92.3%

Lower School

3SK 98%

Upper School

5W 98.6 %



ATTENDANCE MATTERS



3
days lost



minutes late
per day



6.5
days lost



minutes late
per day

**LOST MINUTES
=
LOST LEARNING!**

10
days lost



minutes late
per day

13
days lost



minutes late
per day

**EVERY SCHOOL
DAY COUNTS!**

19
days lost
EACH
YEAR!



minutes late
per day

Every school day counts BUT every minute is equally important!

Safeguarding reminder: As the evenings grow darker earlier, please remind children to stay visible and walk home with an adult or trusted friend. We encourage families to plan safe, well-lit routes and ensure children know what to do if they ever feel unsafe.



Working in partnership with our families, so every child thrives in school.



Stay and Play



Come and Join Little Owls Stay and Play



At Regents Park
Community Primary School



Every Wednesday in our
Nursery



Time- 1:15-2:45pm



We would love to see you there!



[twinkl.co.uk](https://www.twinkl.co.uk)



Active Travel

A reminder that **Walk to School** will continue this year. Children need to walk to school on three days each week - Tuesday, Wednesday and Thursday - in order to earn a badge at the end of the month.



Please support us by encouraging your child to walk, cycle, scoot, or park and stride (parking at least 10 minutes away from school and walking the rest of the journey). Thank you for your continued support.





Compassion

Equality

Determination Responsibility Integrity

Consideration



Christmas Card Competition

NIHR | National Institute for Health and Care Research

Christmas Card Competition

Enter by 30 November

FOR 4-11 YEAR OLDS



Individual first place prize

£20 voucher

£10 voucher for second and third place.

£100 voucher
for school of the
winning entry

See terms and conditions for details



Christmas Card Competition

NIHR | National Institute for Health and Care Research

Terms and conditions

- The Schools Research Network is running a Christmas Card competition from 1 November 2025 to 30 November 2025
- We are happy to accept cards from any faith or religion celebrating a holiday during the winter period
- The winner will be announced by 5 December 2025
- Winning entries will be awarded two prizes. One £20 voucher awarded to the individual winner, one £10 voucher awarded to second and third place winners and one £100 voucher awarded to the school that the winning entry attends
- The winning design will be used as the official 2026 Christmas Card for the Schools Research Network and will be sent to our partners and other schools who are part of the Network
- Entries must be submitted to email address rwht-tr.schools.research-network@nhs.net
- Entries must be submitted by an adult (e.g. parent/guardian or teacher) on behalf of a child
- Cards can be submitted as an image of a digitally created card or as a photo taken of a physical card
- When submitting an entry please include the name of the child and the school that they attend along with the school's postcode. Submission of entries implies consent to distribution of the image physically and digitally
- Please retain a copy of the submitted entry in case we need a higher resolution image for the purposes of creating and distributing the cards



Hurricane Melissa Appeal

We are collecting items **this week** for our wider community following the devastation abroad, affected by Hurricane Melissa.



**URGENT APPEAL
JAMAICA
HURRICANE RELIEF!**

HOW YOU CAN SUPPORT THE PEOPLE OF JAMAICA

Your donations can make a lasting impact for families affected by Hurricane Melissa. Every contribution – big or small – helps provide essential supplies like

DONATIONS

Batteries	Ropes/bungee cords
Bedding foam	Tarpaulins
Cots	Buckets with lids
Flashlights	Collapsible water storage containers
Lanterns	Heavy-duty garbage bags
Pillowcases	Hygiene kits
Pillows	Water purification kits

**REGENTS PARK ARE COLLECTING FROM
TUESDAY 25TH UNTIL TUESDAY 2ND DECEMBER
IN SCHOOL AND WE WILL DROP OFF**

DROP OFF GOODS AT

JAMAICA NATIONAL
311 SOHO RD, HANDSWORTH,
BIRMINGHAM B21 9SD

JLB SHIPPING
UNIT G, SAM'S LANE, SPON LANE TRADING
ESTATE, 215-217 SAMS LN, WEST BROMWICH
B70 7EX

CLEONE FOODS
50 ICKNIELD ST, BIRMINGHAM B18 5AY

LEGACY CENTRE OF EXCELLENCE
144 POTTERS LN, BIRMINGHAM B6 4UU

CONTACT US
INFO@LEGACYCOE.CO.UK
0121 448 8910
WWW.LEGACYCOE.CO.UK/HURRICANEMELISSA

Legacy
Centre of Excellence



ITEMS NEEDED

Canned & Non-Perishable Foods

- Canned beans, sausage & soups
- Instant noodles & pasta meals
- Dry goods: rice, flour, sugar, oats, powdered milk & biscuits
- Baby food & formula

Medical & Emergency Supplies

- Bandages, plasters & antiseptic wipes
- Pain relief: paracetamol & ibuprofen
- Vitamins, cough syrup & cold medicine
- Hand sanitizer, gloves & face masks & thermometers
- Candles, flashlights & matches

Toiletries & Personal Care Items

- Soap & body wash
- Toothpaste & toothbrushes
- Deodorant
- Shampoo & conditioner
- Sanitary pads & tampons
- Baby wipes & diapers
- Toilet paper & tissues
- Laundry & dish detergent



Healthy Snacks and Lunchboxes Guidance

Please follow this guidance sent home earlier this week. **We do not allow chocolates containing nuts, including hazelnut spread sandwiches!**

Regents Park Community Primary School's Healthy Snacks & Lunchboxes Guidance

WHAT TO INCLUDE IN A HEALTHY LUNCHBOX

- ✓ 1 fruit + 1 vegetable
- ✓ Protein (meat, fish, egg, lentils, beans, hummus)
- ✓ Starchy food (bread, wrap, pasta, rice, potatoes, chapatti, roti)
- ✓ Dairy or alternative (cheese, yoghurt, soya yoghurt)
- ✓ Water is strongly encouraged



HEALTHY SNACKS ALLOWED

- ✓ Fresh fruit
- ✓ Fresh vegetables
- ✓ Breadsticks / rice cakes / oatcakes
- ✓ Dairy-free yoghurt tubes (kept cool)

NOT ALLOWED IN SCHOOL

- ✗ Fizzy drinks, sugary drinks, energy drinks
- ✗ Sweets, chocolate bars, chocolate biscuits
- ✗ Crisps (except one small packet in lunchbox occasionally)
- ✗ Pastries, cakes for snacks
- ✗ Chocolate spread or jam sandwiches

ABSOLUTELY NO NUTS OR PEANUT PRODUCTS

This includes:

- In lunchboxes
- In snacks
- In birthday treats

This protects children with severe allergies.

BIRTHDAY CELEBRATIONS

Please do not send cakes, sweets or edible items.

Suggested alternatives:

- Stickers
- Pencils
- Donate a class book

Thank you for supporting a healthy, safe school environment.

THIS SCHOOL IS NOT FREE

