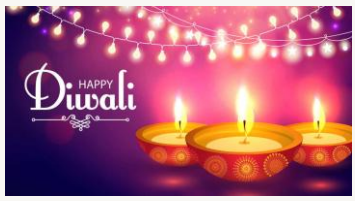
Friday 13th November 2026 – Issue 5

REGENTS PARK NEWSLETTER

Headteacher's message

Dear Families,

Welcome to our first newsletter of Autumn 2. It has been lovely to welcome pupils back and hear about the learning taking place across the school.



For families who celebrated, Happy Diwali! Diwali, the Festival of Lights, celebrates the triumph of good over evil. We were delighted to mark the occasion with 2MH's joyful class assembly, where pupils retold the story of Diwali with confidence and enthusiasm. Thank you to all the parents and carers who joined us, and to Mrs Hemraj and colleagues for supporting the children in delivering such a wonderful assembly.



On Wednesday 11 November, we marked Remembrance Day in each of our school halls. At 11am, the school fell silent for two minutes of reflection as we remembered those who have served and sacrificed.

On Friday, we raised the fantastic amount £220 for Children in Need. Thank you to all the pupils and staff who joined in by wearing spots, stripes, funny outfits or even Pudsey ears. A special thank you to Miss Ali for supplying Pudsey headbands for so many of our staff!



I am also pleased to share that governors confirmed my permanent role as Headteacher. I feel privileged to continue leading Regents Park and am grateful for the support of our families.

We look forward to welcoming families to our Nursery and Reception Open Day on Friday 27 November, from 9am to 11am. Please see the flyer for details of the Open Day and our new Stay and Play sessions. Please join us and do share the word!

Mrs Zamir
Headteacher

Attendance Champions

Friday 13th November



Average School Attendance since last Friday: 95.2%

Class RT	Class 3SL	Class 6M
97%	**97.9%**	**98.3%**

Leave in term time

Attendance remains a key priority for our school. Please ensure your child attends every day unless they are genuinely too ill to do so.

We follow Birmingham City Council guidelines regarding term-time leave. As such, leave can only be authorised in exceptional circumstances. Holidays or family trips during term time cannot be approved. Parents may be fined in accordance with Birmingham City Council's attendance and penalty notice guidelines for unauthorised absences.

Thank you for your continued support in promoting strong and consistent attendance.



WHOLE SCHOOL ATTENDANCE
EVERY DAY COUNTS. EVERY CHILD MATTERS.

At Regent's Park, being in school every day helps every child to learn, grow, make friends and reach their full potential.

AIM HIGH:
Be in school, ready to learn, every day.

BE ON TIME:
Arrive punctually so learning starts well. Just 15 minutes late each day can add up to almost 2 weeks of learning missed over a school year.



WORK TOGETHER:
If your child is struggling to attend, talk to us early. We are here to listen, help and work with your family.

PARENTS & CARERS CAN HELP:
- Build a calm, consistent bedtime and morning routine.
- Make medical and dental appointments outside school hours wherever possible.
- Encourage your child and take an interest in their learning and friendships.
- Let school know promptly if something is affecting attendance.

TERM-TIME HOLIDAYS:
Holidays in term time are not allowed. Any request for leave must be made to the school in advance. Informing school does not mean leave is authorised.

NEED SUPPORT?
Please contact the school and ask to speak to the Attendance Team. We can work with you to find support.

OUR VALUES:
AMBITION • INTEGRITY • BELONGING

THE ATTENDANCE TEAM



Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)?

YES Keep them off school until it goes away.

NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

Celebration Awards

Friday 13th November 2026

Reception to Year 3:

RT	Noorain
1KA	Abu
1ZA	Ahlaam
2HH	Hasnain
2MH	Micah
3SL	Aizah
3SS	Sureiya

Years 4 to 6:

4H	Sumaya
4N	Haris
5A	Ibraheem
5V	Hareem
6K	Haaniya
6M	

Sports News

Events: Year 4 swimming, every Monday until 18th January. Please make sure your child has their swimming kit and towel in a bag.

Year 3 & 4 Multi sports club – Monday
Years 4, 5 Tuesday

PE: We have had a great start to the new term. Children have started gymnastics as their new PE topic and practiced making shapes, balances and creating a small routine.





Upcoming events:

Monday 30th November - Year 6 school games event

Friday 4th December – Year 5 Dodgeball event

This Week in School

Nursery: During Art and Literacy week, the children had lots of fun exploring The Very Hungry Caterpillar and creating some wonderful artwork. This week, we've been exploring We're Going on a Bear Hunt, joining in enthusiastically with the repeated phrases and actions! Every child has taken home their very own copy of the book today to enjoy with their family. A big thank you to all the families who have been able to join us for our weekly Story and Rhyme sessions. It's been lovely sharing these special moments together!

Reception:

What a lovely couple of weeks we've had in Reception! During Art and Literacy Week, the children had lots of fun exploring The Colour Monster, talking about different feelings and getting creative with their artwork. This week, we've started reading Little Red Riding Hood and the children have enjoyed getting to know the characters and joining in with the story.
A big thank you to all the families who have been able to join us for our weekly Story and Rhyme sessions. From next week, these sessions will take place on Mondays at 2.40pm instead of Wednesday mornings. Please come to the Camelot Way entrance at 2.40pm.

This Week in School

Year 2: Year 2 have had a fantastic 2 weeks! We have enjoyed looking at the Window as our text for Art and Literacy week and created our own collages based on Sara Park for display in the hall. We have began our new text for English – Nimesh the Adventurer. In maths, we have continued with ouraddition and subtraction unit of work. We have really challenged ourselves and practiced adding and subtracting with exchanging. As part of our RE curriculum, this week we have visited Green Lane Mosque. We looked at the history of the mosque and how it supports our local community.



Year 5: Year 5 have settled brilliantly into Autumn 2 and have returned to school ready to learn. In our reading and writing lessons, we have begun exploring our new class text, *Journey to Jo'burg*, and the children are already enjoying learning about the characters, setting and themes of the story. In maths, we are moving on to fractions, where pupils will be developing their understanding of equivalent fractions, comparing fractions and solving a range of practical problems. The children have also been enjoying their Forest School sessions. They have embraced the outdoor learning opportunities with enthusiasm, developing teamwork, resilience and confidence while exploring the natural environment. We look forward to seeing them continue to thrive this half term.

Year 6: Year 6 have had a busy and exciting time in their learning! In DT, we are beginning a new topic all about **shelters**, exploring different designs and their purposes. In English, we have been using *The Mysteries of Harris Burdick* as inspiration to write our own mysterious and imaginative stories. In maths, we are continuing to develop our understanding and confidence with long division before moving on to explore factors and prime numbers. Finally, in Science, we are starting an exciting new topic all about **light**, investigating how we see and how light behaves. We are looking forward to lots more learning and discovery!

This Week in School

Following on from the generous donations made by our families for Harvest, we invited Sarah and Ruby from BCM – Birmingham Christian Mission to deliver an assembly.
They spoke to KS1 about the story of Moses when he fled Egypt and when the people where not being generous and grateful and how this is the beginning of harvest collections.





.

BOA
Birmingham Ormiston Academy

BOA SUPER SATURDAY SCHOOL 2027

Registration Now Open for Children Aged 5-13

Birmingham Ormiston Academy is delighted to announce that registration is now open for our BOA Super Saturday School 2027.

This exciting **8-week programme free to children on FSM** offers young people the opportunity to explore:



DANCE
movement, choreography and performance



DRAMA
acting, storytelling and character development



ART
creative design, making and visual expression



SINGING
vocal technique, ensemble work and performance



DJ SKILLS
mixing, music technology and creative music-making

Participants will develop creative skills, build confidence, make new friends and work alongside our experienced BOA Student Social Ambassadors.

Free places with priority registration are available for families eligible for **Free School Meals, Pupil Premium or Universal Credit.**

Programme Dates
23 January 2027
30 January 2027
6 February 2027
13 February 2027
27 February 2027
6 March 2027
13 March 2027

Festival of Sharing
20 March 2027

Families will be invited to attend and celebrate the achievements of all participants at the BOA Theatre.

Time
10:00am - 1:00pm

Venue
Birmingham Ormiston Academy
1 Grosvenor Street
Birmingham
B4 7QD

Find Out More
https://www.boa-academy.co.uk/outreach-and-summer-school/wewill-programme

Register Here
https://forms.office.com/Pages/ResponsePage.aspx?id=kcx9SoME8Uibro8Xh5w8-aKBm3__KoZHmjtitJXnKGRUOTNKSFg3MVBMRFg4WkQ0T1ZMR1NSTTZETC4u

Places are limited and will be allocated on a first come, first served basis. Registration will close once capacity has been reached, so we encourage families to register as soon as possible. Successful applicants will receive a confirmation email. Places are limited and, unfortunately, if you do not receive a confirmation email, your child has not been allocated a place.

Discover Create Belong

REGENTS PARK COMMUNITY PRIMARY SCHOOL

Diamonds Community Learning Project (CIC)

Supporting Families • • Building Brighter Futures

FREE SIMS for Families in Need



Diamonds Community Learning Project (CIC) are offering families in need:

O2 SIM (12 months 25GB)

Vodaphone SIM (6 months 40GB)

If you are interested in these, please contact **Mrs S Khan** (Parent Support Advisor) for more information.

Maths for Beginners

All courses are full and running; however, a few spaces are available for **Maths for Beginners on Tuesdays at 12.30pm every week.**



Please contact **Mrs S Khan** (Parent Support Advisor) for more information.

TOGETHER, WE LEARN, GROW, AND THRIVE.

Safeguarding news

We would like to remind parents and carers that if you have a safeguarding concerns, then you can raise it with school by emailing safeguarding@rgntpark.bham.sch.uk and we will aim to respond to you within 3 working days.

Alternatively if you are concerned about a child then you can contact CASS on 01213031888 or the police on 999.

SEND support

We know how challenging it can be for parents of our SEND children. To support you, you are able to arrange an appointment to meet with our school's SENCo, Mrs Turner, to discuss concerns.

Mrs Turner will be available during both parent evening sessions to meet parents of children with SEND.

Dates for your Diary!

Swimming: Year 4 swimming lessons continue.

Term Dates:

- Wednesday 16th December: Early school closure at 1.15pm.
- Wednesday 16th December: Christmas Fair 2-3.30pm.
- Friday 18th December 2026 (3pm): School Closes for Christmas Holidays
- Teacher Training Day: Monday 4th January 2027
- Tuesday 5th January 2027: First day of the spring term for pupils.
- Friday 12th February 2027 3pm: Half term holidays begin.
- Monday 22nd February 2027: Back to school
- Thursday 25th March 2027 3pm: Spring term ends
- Monday 12th April 2027: Summer term starts
- Friday 28th May 2027 3pm: Whitsun half term break starts.
- Monday 7th June 2027: Back to school
- Tuesday 20th July 2027: Last day of term
- Wednesday 21st July 2027: Teacher Training Day – school closed to pupils

The Importance of Good Attendance and Punctuality

At Regents Park Community Primary School, we know that good attendance and punctuality are essential for children to succeed both academically and socially. Every day in school counts. When pupils attend regularly and arrive on time, they are able to build strong routines, keep up with their learning, and develop positive relationships with their teachers and friends.

Arriving late can be unsettling for children and means they may miss important learning at the start of the day. Even a few minutes late each day can add up to a significant amount of lost learning over the course of the year.

We kindly ask all parents and carers to:

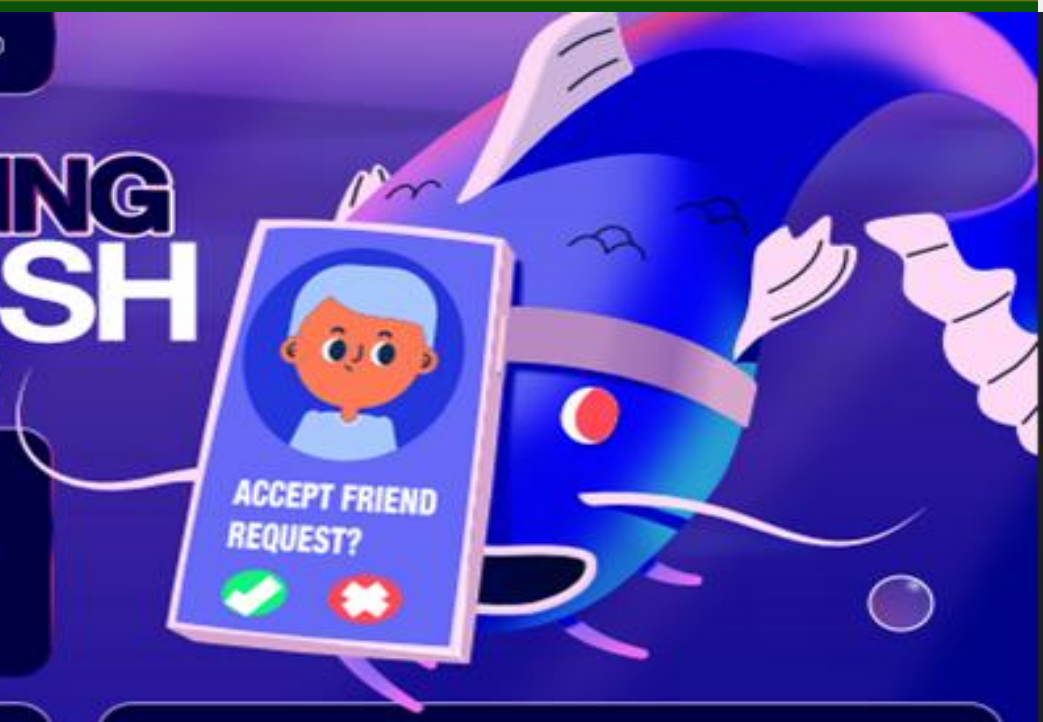
- **Ensure children attend school every day unless they are genuinely unwell**
- **Arrive by 8.40 a.m. so pupils are ready to begin learning promptly**
- **Inform the school office as early as possible if your child is absent**

Our school day starts promptly, and being on time helps children feel settled, confident, and ready to learn. Thank you for your continued support in helping your child achieve their very best.



Online Safety Shareable by INEQE SAFEGUARDING GROUP ineqe.com

CATCHING A CATFISH



How to Avoid Being Baited

You can't trust everything you see on the internet. But what if you meet someone online and the connection seems undeniable?

What is Catfishing?

Catfishing is the contemporary label applied to the online activities of a person who masquerades as someone else for the purpose of exploiting others. In reality, this relates to financial and sexual exploitation, and very often both.



In 2023, a study showed that **22% of people had experienced catfishing**, and 40% knew someone who had been catfished.

– Statista Research Department, 2024.

Everyone can be susceptible to catfishing, but some groups can be particularly vulnerable, such as those who feel isolated, disconnected or lonely and young people who mistakenly see the online environment as a safe place to experiment, engage and explore their sexuality.

Red Flags to Look Out For

- If it's too good to be true, **it probably is!**
- **They mirror** your interests, likes and dislikes.
- There is **no trace** of them online.
- Conversations get personal **very quickly**.
- They ask for **money**.
- There are **inconsistencies** in their stories.
- Photos are **blurry** or **grainy** and look **dated**.
  - Their only photos are **professional ones**.
  - The photos appear to be **AI generated** or **heavily edited**.
- They want you to **keep the relationship a secret**.

Top Tips

What Should You Do if You Think You're Being Catfished?

Check Their Images
Using tools like Google's Reverse Image Search, Pimeyes and FaceCheck, you can use the images from the person's profile to check if they are who they claim to be - these will not pick up if the image is AI generated.

Screenshot, Block and Report the Account
Take screenshots of the profile as evidence, report the account to the platform and block it as well. You should never screenshot or share a sexualised photo of a child, instead protect yourself by reporting it immediately to the police and / or the Internet Watch Foundation.

Talk to Someone
It can feel embarrassing to admit that you might have been catfished, and you might even feel afraid. Remember, it can happen to anyone! If you're under 18, go to your trusted adult who will listen to you without judgement and help you!

If you're over 18, call Action Fraud on 0300 123 2040 to report it.

Report them to the Police
If you have been victimised by a catfish through acts such as extortion, harassment or fraud, call 101 to report it to your local police, or 999 if you are in immediate danger.

Open Day and Stay and Play



REGENTS PARK COMMUNITY PRIMARY SCHOOL

OUR SCHOOL VALUES



WE AIM HIGH, WORK HARD AND BELIEVE WE CAN ACHIEVE ANYTHING



WE DO THE RIGHT THING, EVEN WHEN NO ONE IS WATCHING.



EVERYONE BELONGS HERE. WE INCLUDE OTHERS AND MAKE OUR SCHOOL A COMMUNITY

TOGETHER, WE LEARN, GROW, AND THRIVE.